



Adult Resource Center

2491 Carmichael Drive, Suite 400
Chico, CA 95928

SUPPORT GROUPS

SHASTA SISKIYOU, AND TRINITY COUNTIES

Please note, times, dates, and support groups are subject to change. Please call first.

DISEASE AND BRAIN INJURY SUPPORT GROUPS

ALZHEIMER'S SUPPORT GROUP

Shasta County Mental Health
Frontier Room
2630 Breslauer Way
Redding, CA

9:00am - 11:00 am 2nd & 4th Thursday
Winifred Woods 241-0250
Jean Cox 221-5321

PARKINSON'S SUPPORT GROUP

Trinity Lutheran Church
2440 Hilltop Drive
Redding, CA

1:30 pm - 3:00 pm 2nd Friday
Dick Deyo 365-4724

STROKE SUPPORT GROUP

All Saints Episcopal Church - Social Room
2150 Benton Road
Redding, CA

2:00 pm - 4:00 pm 2nd & 4th Wed.
Craig Boyer 229-0878

CAREGIVER SUPPORT GROUPS

CAREGIVERS SUPPORT GROUP

Tree House Restaurant
Interstate 5 at Lake Street
Mount Shasta, CA

10:15 pm - 12:00 pm 2nd Wednesday
Susanne Rossi 229-0878

CAREGIVERS SUPPORT GROUP

Golden Age Center
905 Brown Ranch Road
Weaverville, CA 96093

2:00 pm - 4:00 pm 3rd Wednesday
Craig Boyer 229-0878

KIRKWOOD SUPPORT GROUP

Kirkwood Assisted Living Facility
395 Hilltop Drive
Redding, CA

6:30 pm - 8:30 pm 3rd Monday
Susanne Rossi 241-2900

Revised 10/16/03